

IMPACT Student Assistance Program



confidential, professional support for student/life matters

It can be frustrating when personal problems surface or when you are feeling stressed, maybe near burn-out, and it is unclear where to turn for help. When challenges arise in our life that are difficult to deal with, it is comforting to have someone to talk to.

Kettering College is proud to make available to you the IMPACT Student Assistance Program. The IMPACT Program includes confidential support for you and your family including your spouse/partner, household members, dependents living in and away from home, and parents & parents-in-law.

Professional phone support provided by licensed mental health professionals is available around-the-clock, on an unlimited basis, offering you and your family members someone to talk to 24 hours a day, 365 days a year.

Additional features include:

- » IMPACT on the Web containing articles, tip sheets, assessments, quizzes and webinars addressing health & wellness, emotional well-being, family and caregiving, legal and financial matters, stress management, relocation, relationships, daily living topics, and much more. IMPACT on the web is mobile friendly so that you can connect anywhere using your smart phone, tablet or other mobile device
- » Legal assistance
- » Financial counseling
- » Identity theft prevention and recovery services
- » Access to Resource and Referral Specialists for relocation needs, finding local medical professionals, child, elder, and pet care referrals, and other daily living needs
- » And so much more!

Please detach the wallet cards printed below and keep them easily accessible for when you need to connect with your Student Assistance Program.

We look forward to hearing from you,

Your IMPACT Student Assistance Program

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Call 24/7 for live, immediate assistance **866-780-0855**

Your IMPACT Student Assistance Program includes unlimited 24/7 phone support with a mental health professional, financial, legal, identity theft prevention & recovery services, and work/life consultation.

www.ImpactStudentAssistance.com Member Login: KCstudent



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